



Week 2, Day 5:

READINGS:

“Then [Jesus] said to [the disciples], ‘My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me.’ Going a little further, he fell with his face to the ground and prayed, ‘My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will.’”

Matthew 26:38–39 (NLT)

“Father, if you are willing, please take this cup of suffering away from me. Yet I want your will to be done, not mine.”

Luke 22:42 (NLT)

The night before Jesus’ death, He pleaded with the Father to remove the suffering He was about to face. The answer was no. It was not due to a lack of faith or a lack of prayer. It was God’s will that Jesus Christ would be sacrificed for the sins of the world. He was facing suffering that had a purpose and a promise. God had the purpose to save the world through Jesus Christ’s sufferings, and the promise was He would have the strength to endure it. Receive your suffering as a gift with a purpose and a promise. The purpose may be yet to be made known, but the promise is for your today.

Consider This:

- In what ways do the pain and suffering that Jesus experienced help him relate to what you are going through?
- Often we are willing to share our experiences with those whom we believe have similar experiences. What have you shared with Christ about your painful times?

Take Action:

Approach Jesus with your story. Tell him about your experiences and how they have impacted your thinking, emotions, and relationships. Identify what it is you need from Jesus, and ask him for that help.

FOR FURTHER STUDY: [Read Luke 22.](#)

QUESTIONS TO CONSIDER:

- What times of suffering did Jesus undergo?
- How can you relate to His suffering?