



DAY 2:

READ:

Luke 6:31 Do to others as you would have them do to you.

REFLECT:

Sympathy is “feeling for” someone. In this sense you feel sorry for someone and express this. Empathy is “feeling with” someone. In this sense you enter into their storm and experience it with them and intentionally be with them. When you are going through storms in your life who has helped you the most? What did that look like? How can you move more intentionally from sympathy to empathy?

PRAY:

Father, I come before You today and ask that You continue Your work in my life. Soften my heart to be more intentionally empathetic toward others around me. Help me to more easily enter into their perspective, to feel with them as they go through storms in their lives and to be more intentionally present with them. Not for the sake of fixing their problems but as a friend who is on their side. I thank You for the example we have of this through You and Jesus!