



**DAY 6:**

**READ:**

Ephesians 4:2: Be completely humble and gentle; be patient, bearing with one another in love.

**REFLECT:**

What is your next step in showing empathy toward others around you? Take some time to be silent and seek God. Lift up people around you who are going through storms in prayer. Praying for others can be a first step toward building greater empathy for them.

**PRAY:**

Father, I pause today to seek You, and Your guidance and direction in comforting others around me...reveal to me some next steps that I should take...(pause for a couple minutes).

Father, I pray for people in my life going through storms right now. Especially for those who are going through a storm that do not yet know You and Your great love for them. I pray that as they go through these storms that You would increase my empathy for them and proximity with them. Use me in a way that points others around me to the larger story of You and Your great love for us. Reveal Yourself to them in their storms, so that they too can come to know You.