**WEEK 1:**

**DAY 2:**

**READ:**

Psalm 55:6-8: And I say, “Oh, that I had wings like a dove! I would fly away and be at rest; yes, I would wander far away; I would lodge in the wilderness; *Selah* I would hurry to find a shelter from the raging wind and tempest.”

**REFLECT:**

What personal storms are you facing right now? Is it financial? Employment-related? Relationship-based? Or something you are feeling more internally…like a tangled ball of emotions that are tough to unravel? Or perhaps you are facing a spiritual storm right now? Wondering Why God…? Why this…? Why so much…? Perhaps it’s also any combination of these things…

**PRAY:**

Father, I come before You today, burdened by the personal storms I am facing right now. (Take some time to list one or more of these storms…) I pray that as I go through these storms that You will give me the strength and stamina needed in this season to correctly navigate them. Help me to get to a place of peace and safety amidst these storms. I ask that the storms of this season would end, but I know storms are also inevitable. Help me to make the most of this season despite the circumstances I am facing right now. In Jesus’ name I pray, Amen.