

VIRTUAL QPR SUICIDE PREVENTION TRAINING

Ask a question. Save a life.

Teen Session: October 7, 2020 | 4:30 - 6:00 PM

Adult Session: October 7, 2020 | 6:30 - 8:00 PM

Registration is Required

**Register by email at compassion@theridgeecc.com or
phone at 262-432-0228**

QPR stands for "Question-Persuade-Refer". It is a suicide prevention training that aims to teach people of all ages how to recognize the warning signs of suicide, understand the common causes of suicidal behavior, and how to get help for someone in a crisis situation. This training walks through how to ask someone if they are feeling suicidal, how to persuade someone to tell you if they are in a time of need and where to refer someone to if they are in crisis.

