

## Putting Your Foot in Your Mouth Series Devotional Week 1 | Day 3

The rich think of their wealth as a strong defense; they imagine it to be a high wall of safety. Haughtiness goes before destruction; humility precedes honor.

Spouting off before listening to the facts is both shameful and foolish.

The human spirit can endure a sick body, but who can bear a crushed spirit?

Proverbs 18:11-14

At The Ridge, our mission is to help people find and follow Jesus. As you read the next portion of this devotional, consider the FIND comments if you are exploring faith or helping others explore their faith. Use the FOLLOW section to help you take steps if you are currently following Jesus.

## FIND:

Are your words building up or crushing someone's spirit?

## **FOLLOW:**

How can you show more humility and listen more in your conversations?