



Week 3, Day 1:

READING:

And I want you to know, my dear brothers and sisters, that everything that has happened to me here has helped to spread the Good News. For everyone here, including the whole palace guard, knows that I am in chains because of Christ. And because of my imprisonment, most of the believers here have gained confidence and boldly speak God's message without fear.

It's true that some are preaching out of jealousy and rivalry. But others preach about Christ with pure motives.

Philippians 1:12-15 (NLT)

The men and women who brought us the New Testament were not strangers to adversity. In Philippians 1, Paul tells us he is in prison. The apostle Paul teaches us we can find contentment even in our darkest seasons. Contentment means we can stop worrying even when it seems things on the outside are out of control.

Are you content in this season of your life? If you are not content, what do you think is driving your discontentment? Share your struggle with God through prayer. Be honest with Him.

FOR FURTHER STUDY: Read the full chapter of [Philippians 1](#). Paul probably felt stuck in his now what moment when he wrote Philippians. Remember that God can use the “now what” seasons of your life.

Write down one verse from Philippians 1 that speaks to what you are facing right now.

PRAYER: (You can use this prayer throughout this week to get started, or simply pray from your heart)

God, when life does not work out as I plan help me to learn to be content in all situations. Help me to grasp how wide, high and deep is your love for me and to truly know your love that surpasses all understanding.