



## **Week 3, Day 5**

### **READING:**

Always be full of joy in the Lord. I say it again—rejoice! Let everyone see that you are considerate in all you do. Remember, the Lord is coming soon.

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. Keep putting into practice all you learned and received from me—everything you heard from me and saw me doing. Then the God of peace will be with you.

How I praise the Lord that you are concerned about me again. I know you have always been concerned for me, but you didn't have the chance to help me. <sup>11</sup>Not that I was ever in need, for I have learned how to be content with whatever I have. I know how to live on almost nothing or with everything. I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little. For I can do everything through Christ, who gives me strength.

### **Philippians 4:4-13 (NLT)**

If you are experiencing difficulty with money, relationships, children, or illness, you can say to yourself, "I can't. He can. He can through me." Whatever is at the epicenter of your discontentment is where God has the greatest opportunity to do something in your life. You have no idea what God wants to do through you in your "now what" circumstance. We encourage you to pray in the morning, "I can't. He can. He can through me." And at night, "Teach me the mystery of Christ in me. I want to learn the secret of contentment."

**TAKE ACTION:** Write out your prayer to God. Pour out your heart about how you feel. Share with God why it's difficult for you. Begin each day by leaning into the strength of Jesus Christ and watch Him show up through your circumstance.