



THE RIDGE

COMMUNITY CHURCH

Day 5: Trust and Faith

What does it mean to “grow” spiritually or to have a “growing” relationship with Jesus. What exactly is growing?

The answer is found in a New Testament book of the Bible that you may have never read, 2 Thessalonians. Basically, it is a letter - actually, the second of two letters - written by the apostle Paul to Christians in the city of Thessalonica. He opens the letter with these words:

We ought always to thank God for you, brothers, and rightly so, because your faith is growing more and more, and the love every one of you has for each other is increasing. Therefore, among God’s churches we boast about your perseverance and faith in all the persecutions and trials you are enduring.

2 Thessalonians 1:3-4 (NIV)

Paul congratulated these new believers on their growing faith. Paul goes on to say that he often boasted to other churches about the faith he saw in the church at Thessalonica. So, what’s the big deal about faith?

God wants to grow your faith. Here’s why. Faith, or trust, is the centerpiece of every great relationship. You can’t have a healthy relationship with anyone without faith or trust. As trust deepens, relationships deepen and mature. God sent Jesus into the world to reestablish a relationship with mankind. For that relationship to happen, there must be trust, or to use the Bible word, faith. Anything that enhances trust between two entities enhances the relationship. Grow the trust and you deepen the relationship.

It is no coincidence that our relationship with Jesus is initiated by an act of faith.

APPLY:

- Pray this prayer: *Jesus, help me trust You more!*
- Read this short article [“What is Faith”](#)
- Read Hebrews 11:6 <https://my.bible.com/bible/116/HEB.11.6.nlt> and write down any thoughts that come to mind about this verse.