

## How to Get What You *Really* Want Series Devotional, Week 2 | Day 4

We know that the law is spiritual; but I am unspiritual, sold as a slave to sin. I do not understand what I do. For what I want to do I do not do, but what I hate I do. And if I do what I do not want to do, I agree that the law is good. As it is, it is no longer I myself who do it, but it is sin living in me. For I know that good itself does not dwell in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. For I do not do the good I want to do, but the evil I do not want to do—this I keep on doing. Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it.

Romans 7:14-20

At The Ridge, our mission is to help people find and follow Jesus. As you read the next portion of this devotional, consider the FIND comments if you are exploring faith or helping others explore their faith. Use the FOLLOW section to help you take steps if you are currently following Jesus.

## FIND:

Who can you come alongside and support who is struggling?

## **FOLLOW:**

In today's reading Paul describes the spiritual battle that goes on inside all of us. What spiritual disciplines are you going to put in place to win this battle?