



Week 2, Day 3

Teaching about Salt and Light

“You are the salt of the earth. But what good is salt if it has lost its flavor? Can you make it salty again? It will be thrown out and trampled underfoot as worthless.

“You are the light of the world—like a city on a hilltop that cannot be hidden. No one lights a lamp and then puts it under a basket. Instead, a lamp is placed on a stand, where it gives light to everyone in the house. In the same way, let your good deeds shine out for all to see, so that everyone will praise your heavenly Father.”

Matthew 5:13-16

At The Ridge, our mission is to *help people find and follow Jesus*. As you read the next portion of this devotional, consider the **FIND** comments if you are exploring faith or helping others explore their faith. Use the **FOLLOW** section to help you take steps if you are currently following Jesus.

FIND: Who is someone you know who needs light in his or her life?

FOLLOW: In what way can you do a good deed for someone?