

YOUR ONE

How to Walk with Your ONE Through Storms

PART 3:

Serve Them

When a person is facing storms of life, even the little things can overwhelm; we can often help by picking up the slack. Make meals, run errands, mow the grass. Send them an encouraging text or hand-written note.

Find simple ways to serve them!

When we invest our time to do even little things for someone who is hurting, it speaks volumes.

You can also serve them by sharing well timed and thoughtful resources with them! Once you have listened, spent time with them and developed empathy for them, you will have a good idea of the best ways to serve them and the most helpful resources to show them.

Make it a priority to give of your time, attention and if helpful your resources. Simple steps make a big impact and doesn't require a lot of us.