



Day 1 | MAY 25

Monday: Prayer, Beliefs Assessment [Assessment \(link\)](#), verse image (save to phone)

- Happy Monday, as you start your week, take the Beliefs Assessment above. After doing so, pray the prayer below throughout your day and week. Over the course of the week, we will unpack lies and corresponding truths to overcome them.
- Save the image linked in the verse below to your cell phone as a reminder to replace a lie you have come to believe with a truth God has given us to counter it.
- **[2 Corinthians 10:3-5:](#)**
For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.
- **Prayer:**
Father, I come before you in the Name of Jesus. I recognize the power You have given me through Jesus to overcome lies I have come to believe in my life and about myself. I acknowledge the truth Jesus offers me. Through Your power, I ask that You change the way I think. I pray You will enable me to trust and obey Your Holy Spirit so that the truths of God will replace the lies I believe. Amen.
- **Alternate sources for Beliefs Assessment...**
[Blog Post](#)
[docx version](#) and [PDF version](#)