



Devotional – Week 1, Day 3

If you think you are standing strong, be careful not to fall. The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure.

So, my dear friends, flee from the worship of idols. You are reasonable people. Decide for yourselves if what I am saying is true. When we bless the cup at the Lord's Table, aren't we sharing in the blood of Christ? And when we break the bread, aren't we sharing in the body of Christ? And though we are many, we all eat from one loaf of bread, showing that we are one body. Think about the people of Israel. Weren't they united by eating the sacrifices at the altar?

1 Corinthians 10:12-18

At The Ridge, our mission is to help people find and follow Jesus. As you read the next portion of this devotional, consider the FIND comments if you are exploring faith or helping others explore their faith. Use the FOLLOW section to help you take steps if you are currently following Jesus.

FIND:

We often try to fight our temptations on our own. God will always show you a way out from your temptation and sometimes this support comes through other people. How can you help those around you who are trying to fight their temptations?

FOLLOW:

How can you show love and grow in unity with fellow Christians you interact with?