

DAY 19:

Is Love A Feeling?

Love is more than something we feel—it's something we do. Explore thoughts about the purpose of life and how we fulfill that purpose through the act of love. <u>Watch Now</u>.

REFLECTION:

- How can praying, God break my heart, show His love for you?
- Remember: Jesus's body was broken <u>for</u> us because God's heart was broken <u>over</u> us.
- In what ways are you beginning to see this and experience this already?
- Who can you share this experience with of coming to understand and know God's love for you?

PRAYER THOUGHT:

Spend time in prayer, focusing on the depth of God's love for you. Begin by reading this verse and reflecting on God's love that He reveals to you through this.

Ephesians 3:16-19: "I pray that out of his glorious riches He may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the Lord's people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God."