

DAY 15:

What Is the Source of Pain and Suffering?

Explore the source behind the pain and suffering we experience in life and what the Bible says about God's role in our healing. Watch now.

REFLECT:

Lord, break my heart for what breaks yours." If you pray this dangerous prayer, God will answer it, and you will find yourself burdened over something that grieves the heart of God. Yet you will find incredible peace, an incredible sense of purpose and meaning in your life, and an incredible connection with God when your heart breaks over something that breaks the heart of God.

What if God's special blessings come on the other side of the pain that moves you to care about people on his behalf?

PRAYER THOUGHT:

As you spend a few minutes praying, consider trusting God as you ask him "Break My Heart." Remember, God's ultimate plan is to reconcile, heal, and restore. And He wants to use you to accomplish it! The point is not to simply be sad; the point is to be stirred to action!