

## Day 1: Relationship

Welcome to Day 1 of 7. Following Jesus starts by seeking to know Him and to walk with Him. He wants a relationship with us. But how do you build a relationship with Jesus?

Connecting regularly is important for maintaining any healthy relationship, including with Jesus. When we set aside time to talk with Him, also known as prayer, and read the Bible, we are taking steps to build that relationship. Over time you will feel closer to Him and your faith will grow.

APPLY: Watch this 3:30 min video to learn how to connect with Jesus... https://youtu.be/pW81chl0dPc