**5 Faith Thresholds: Where are You? Where are Your Friends?**

The 5 Thresholds of faith (Trust, Curiosity, Change, Seeking, Follower) are neither a science nor a law, because people’s stories are unique. But the path to faith often does include some predictable stages. The 5 Thresholds highlight those stages and help us engage with our “ONE(s)” at each point in their journey.

1. **TRUST:** I try to value all kinds of people, but I don’t usually trust Christians.

**Threshold 1: Trust**

The journey of faith usually takes place when an individual outside of faith begins to significantly trust a follower of Jesus. Most often, followers of Jesus are suspect and distrust has become the norm. This may be unpleasant for followers of Jesus and can result in defensive posture that makes trust even more difficult.

1. **CURIOUS:** I’m curious about how other people see and experience the world.

**Threshold 2: Curiosity**

The stage of curiosity tends to unfold over time and usually has three levels of intensity. It's a subtle shift from being passive to being provoked to think differently.

1. **OPEN:** I’m open to seeing if God can meet a need in my life.

**Threshold 3: Open to Change**

This is the hardest threshold to cross and where a lot of people turn back or stay where they are without moving forward. However, this is the stage where the Holy Spirit is especially at work, and when a person can finally become willing to make changes in their lifestyle.

1. **SEARCHING:** I’m searching for deeper meaning? Could Jesus be worth following?

**Threshold 4: Searching**

This threshold is about coming to a conclusion. There may not be a lot of behavioral change here because they are just about to make a decision about Jesus. There is urgency and purpose to their seeking, and they have decided it's time to make up their minds.

1. **FOLLOWING:** I’m ready to follow Jesus with my whole life.

**Threshold 5: Following**

This is the point when the person decides to turn and follow Jesus! They have decided they want to cross a real and significant line. They go from flirting to commitment. They look Jesus in the face and say “I do.”